

Dementia in Indian Country: Gathering together for Brain Health



The Menominee Tribe of Wisconsin invites you!

FREE EVENT

Wednesday, June 3, 2026
12:00am-9:00 pm

Menominee Casino Resort, N277 Hwy 47/55, Keshena, WI 54135

Please wear comfortable clothing and supportive shoes so you can move with ease during the session.

This is an education and fellowship program held in conjunction with the Great Lakes Native American Elder Association GLNAEA quarterly meeting. The program focuses on building awareness about Alzheimer's Disease and Related Dementia in Indian Country.



Patricia Burr, RN, BSN CDCES, was the Diabetes Nurse Educator at the Menominee Tribal Clinic in Keshena, Wisconsin for the past 27 years. She was the Diabetes Program Coordinator and managed the Special Diabetes Program for Indians Grant. She continues to provide assistance to the Diabetes Program on a PRN (as needed) basis. Since her recent retirement, Patricia is looking forward to crafting, attending her granddaughter's sports events and participating in various exercise classes in the community..



Gilda Ennis, PhD, is a scientist working within the Wisconsin Alzheimer's Disease Research Center at the University of Wisconsin - Madison. She received her PhD in Psychology from North Carolina State University (Raleigh, NC, USA) and postdoctoral training in Cognitive Aging at the Georgia Institute of Technology (Atlanta, GA, USA). Gilda is interested in the factors that place adults at risk for Alzheimer's disease and related dementias. Her current work focuses upon the performance of Alzheimer's disease biomarkers in the African Americans Fighting Alzheimer's in Midlife cohort.



Johnny Winston, Jr., is a retired Firefighter/Emergency Medical Technician. When he was a Firefighter, he was promoted to various positions, including Training Officer, Fire Investigator, Lieutenant, and Division Chief. In addition to his career in the fire service, Winston has served in various capacities for several community-based programs across Madison. He is an ISSA Certified Personal Trainer and Senior Fitness Specialist, credentials that strengthen his work in promoting health and wellness for adults of all ages. Winston currently serves as the lead instructor for Get Movin' in Motion, a gentle, no-cost exercise program designed for every fitness level, with a special emphasis on supporting older adults. The program offers in-person classes in South Madison and welcomes additional participants virtually via Zoom, ensuring broad accessibility and community connection.

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Agenda

12:00-1:00pm

Lunch Social

1:30-2:30 pm

Gilda Ennis & Patricia Burr

"Diabetes and Brain Health" & "My Sweet Tooth is Hurting"

2:30-3:00pm

Break and social time

3:00-4:15pm

Johnny Winston, Jr.

"Get Movin' In Motion with Johnny Winston for Brain Health"

4:15-5:00pm

Break and social time

5:00-6:00pm

Dinner

6:30-7:30pm

Veterans' Gathering

7:30-9:00pm

Social Activity